

1                                    **Structural learning in feed-forward and feedback control**

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16    Running Head: **Structural learning in motor control**

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**Abstract**

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21 For smooth and efficient motor control, the brain needs to make fast corrections during the  
22 movement to resist possible perturbations. It also needs to adapt subsequent movements to  
23 improve future performance. Importantly, both feedback corrections and feed-forward  
24 adaptation need to be made based on noisy and often ambiguous sensory data. Therefore,  
25 the initial response of the motor system, both for online corrections and adaptive responses,  
26 is guided by prior assumptions about the likely structure of perturbations. In the context of  
27 correcting and adapting movements perturbed by a force field, we asked whether these  
28 priors are hard-wired, or whether they can be modified through repeated exposure to  
29 differently shaped force fields. We found that both feedback corrections to unexpected  
30 perturbations and feed-forward adaptation to a new force field changed such that they were  
31 appropriate to counteract the type of force field that participants had previously experienced.  
32 We then investigated whether these changes were driven by a common or by two separate  
33 mechanisms. Participants experienced force fields that were either temporally consistent,  
34 causing sustained adaptation, or temporally inconsistent, causing little overall adaptation.  
35 We found that the consistent force fields modified both feedback and feed-forward  
36 responses. In contrast, the inconsistent force field modified the temporal shape of feedback  
37 corrections, but not of the feed-forward adaptive response. These results indicate that  
38 responses to force perturbations can be modified in a structural manner, and that these  
39 modifications are at least partly dissociable for feedback and feed-forward control.

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42 **Key words:** Reaching, feed-forward adaptation, feedback correction

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## Introduction

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46 The human motor system is capable of dealing with highly unpredictable environments.  
47 When a movement misses its target, the brain quickly corrects the ongoing movement  
48 (Goodale et al. 1986; Pelisson et al. 1986), and adapts the next motor command to prevent  
49 further errors (Donchin et al. 2003). Because sensory feedback is very noisy, the motor  
50 system has to rely on structural assumptions (Wolpert et al. 2011) about the nature of the  
51 perturbation. These assumptions result in a good first guess of how to respond, even in the  
52 absence of detailed information about the perturbation.

53         Structural assumptions become visible, for example when adapting to state-  
54 dependent forces that occur during reaching (Shadmehr and Mussa-Ivaldi 1994). In a series  
55 of elegant studies, Sing et al. (2009; see also Wei et al. 2010) perturbed reaches with either  
56 velocity- or position-dependent forces that pushed the arm orthogonally to the actual  
57 movement direction. After a single force field trial, they found that the temporal shape of the  
58 adaptive response was a mixture of positively correlated velocity- and position-dependent  
59 forces, even for purely velocity or position-dependent force fields. This tendency can be  
60 understood as arising from the structural assumption that forces with velocity- and position-  
61 dependence acting in the same direction are more likely than forces in which the two are  
62 negatively correlated (Fig. 1).

63         However, it has not yet been shown whether these assumptions are hard wired or  
64 can be modified by prior experience. We first hypothesized that these structural assumptions  
65 during adaptation can be modified by exposing participants to a specific temporal shape of  
66 perturbation. For example, through repeated exposure to position-dependent force fields, we  
67 should be able to increase the propensity of the system to adapt to position-dependent  
68 forces. This would imply that structural assumptions are not hardwired (Sing et al. 2009), but  
69 are malleable by environmental dynamics. Structural learning has been demonstrated for  
70 adaptation to visuo-motor mappings (Braun et al. 2009b; 2010a), and recently also for force  
71 fields acting in different spatial directions (Kobak and Mehring 2012). Here we test for the  
72 first time the mechanisms of structural learning of different temporal shapes of dynamic  
73 perturbations.

74         Given that the feed-forward adaptive response can be structurally modified, we then  
75 asked whether structural learning also influences feedback mechanisms within the  
76 movement. Previous studies have shown that feedback gains can be modulated in size  
77 (Franklin and Wolpert 2008; Liu and Todorov 2007) and spatial direction (Braun et al.  
78 2009b). We examine here whether such modification can also occur in the temporal shape  
79 of the response. Finally, having shown that structural learning occurs in both feed-forward

80 adaptation and feedback mechanisms, we considered whether this is caused by a single  
81 representational change, or whether they are dissociable. We exploited the fact that feed-  
82 forward and feedback mechanisms are differentially affected by the temporal characteristics  
83 of perturbations across trials (Castro 2008). We show that temporally consistent forces,  
84 which lead to adaptation, modulate both feed-forward and feedback responses. However,  
85 forces that vary randomly trial-by-trial and do not lead to adaptation, modify feedback but not  
86 feed-forward responses. This demonstrates for the first time that structural learning in feed-  
87 forward commands and feedback adaptation are driven by distinct signals.

88

## Materials and Methods

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### 91 **Participants**

92 All participants were self-described right-handed volunteers (18 male, 18 female, mean age  
93 25 years), 12 of which participated in Experiment 1 (5 male, mean age 25), 12 in experiment  
94 2 (5 male, mean age 25), and 12 in experiment 3 (8 male, mean age 26). No participant from  
95 one experiment took part in either of the other two experiments. Experimental and consent  
96 procedures were approved by the University College London ethics committee.

### 97 **General method**

98 Participants sat in front of a virtual-environmental setup, with their head on a forehead rest.  
99 They made 15cm reaching movements to a single target with their right hand while holding  
100 onto a robotic device. This device recorded the position of the hand with a sampling  
101 frequency of 200Hz. A monitor displayed a white square (0.5cmx0.5cm) indicating the start  
102 position, and a white 1cm-wide target square. The screen was viewed over a mirror, such  
103 that participants did not have direct vision of their arm, but received continuous and  
104 calibrated visual feedback of their hand position via a 0.3cm diameter white cursor circle.

105 To start a trial, participants moved the cursor into the start box. When the target  
106 appeared 15cm from the start position, participants were instructed to move the cursor to the  
107 target in the straight-ahead direction. Movements had to have a peak speed between  
108 55cm/s and 80cm/s. Furthermore the movement needed to stop within 800ms at a distance  
109 of less than 0.65cm from the centre of the target. If all these criteria were met, the target  
110 turned red and exploded, and participants scored a point. If the movement was not fast  
111 enough or was not completed within 800ms, the target turned blue or pink; if participants  
112 moved too fast, the target turned yellow; if participants moved at the right speed but stopped  
113 the movement too far from the target, the target turned green. However, all trials were  
114 included in the analysis, and only trials where participants moved less than half the distance  
115 to the target, or showed a large deviation ( $>80^\circ$ ) in the initial movement direction were  
116 excluded. In experiment 2 we excluded the data from one participant whose baseline (pre-  
117 exposure) channel responses were very small and went in the opposite direction in  
118 coefficient space to the rest of the subjects. In experiment 3 we excluded the data from one  
119 participant who had less than  $<60\%$  valid trials, compared with  $>90\%$  for the remaining  
120 subjects.

121 During parts of the experiment, participants were exposed to a dynamic force field,  
122 exerted orthogonally to the actual movement direction. The force [N] could depend either on  
123 the position of the hand [in cm, relative to the start], the velocity [cm/s], or both (Fig. 2A).

124

$$\begin{bmatrix} Force_x \\ Force_y \end{bmatrix} = C_p * s_1 * \begin{bmatrix} 0 & 1 \\ 0 & 0 \end{bmatrix} * \begin{bmatrix} Position_x \\ Position_y \end{bmatrix} \\ + C_v * s_2 * \begin{bmatrix} 0 & 1 \\ -1 & 0 \end{bmatrix} * \begin{bmatrix} Velocity_x \\ Velocity_y \end{bmatrix}$$

125 The position-dependent force field ( $C_p=\pm 1$ ,  $C_v=0$ ) pushed the hand either to the left or the  
 126 right and increased monotonically from the start of the movement (Fig. 2A). The velocity-  
 127 dependent force field ( $C_p=0$ ,  $C_v=\pm 1$ ) acted either in a clockwise or counter clockwise  
 128 direction relative to the movement direction and reached its highest force at peak velocity. A  
 129 positive combination force field ( $C_p=\pm 0.5$ ,  $C_v=\pm 0.5$ ) was simply a linear mixture of a velocity  
 130 and position-dependent force field acting in the same direction (positively correlated). We  
 131 chose the coefficients  $s_1$  (0.225N/cm) and  $s_2$  (0.075N/cm), to achieve a peak force of ~4N on  
 132 force field trials.

133 To probe the state of the adaptation response, we used force-channel trials  
 134 throughout the three experiments. During these trials, the robot applied a spring-like force in  
 135 the x-direction (6000 N/m), which forced the hand onto a  $0^\circ$  trajectory from the starting  
 136 position. The force in the y-direction was always zero. To reduce vibration, we also applied a  
 137 small viscous damping force (75 Ns/m). If participants expected to be pushed by a force  
 138 field, they would exert a compensatory force into the wall of the channel during the  
 139 movement. Therefore, the force produced in a channel is commonly thought to be a valid  
 140 readout of the feed-forward motor command (Joiner and Smith 2008; Scheidt et al. 2000;  
 141 Smith et al. 2006).

142 We also used force channels to probe the feedback responses. On such trials we  
 143 presented a target to the right or left of the midline ( $\pm 14^\circ$ ) and constrained the hand to a  $0^\circ$   
 144 trajectory, while the cursor was rotated to move directly to the target. To prevent participants  
 145 from anticipating these force channels, we also added trials with targets to the left and right  
 146 of the midline, but without force channels (proportion of channel to non-channel trials are  
 147 outlined for each experiment below). Consequently, on trials without force channels,  
 148 participants moved straight to these targets. On trials with force channels, they exerted a  
 149 reactive force against the channel to resist the unexpected positional perturbation that  
 150 pushed their hand away from the target. Because we considered the whole response from  
 151 the beginning to the end of the movement, the response is determined by the stiffness of the  
 152 arm (Burdet et al. 2000), fast- and long-latency reflexes, and a voluntary feedback response  
 153 (Hammond 1956). We chose this particular way of introducing a positional perturbation  
 154 (rather than presenting the target straight and tilting the channel), such that the arm

155 movements for testing feed-forward and feedback control were physically identical  
156 throughout the three experiments.

157

### 158 **Experiment 1**

159 In the first experiment we tested the hypothesis that the exposure to a position- or a velocity-  
160 dependent force field would change the adaptation of the feed-forward command to a  
161 positive combination force field. We tested participants on two separate days. Half the  
162 participants were exposed to a velocity-dependent force field on the first and a position-  
163 dependent force field on the second. For the other half of the participants this sequence was  
164 reversed.

165         Each day started with practice blocks that did not include force fields. On the first day  
166 there were two practice blocks and, on the second day there was a single practice block.  
167 This was followed by the pre-test to determine a baseline of how participants adapted to a  
168 combination force field. During this pre-test, participants carried out six short blocks  
169 consisting of 23 trials each (Fig. 2B). Each of these short adaptation blocks started with a  
170 channel trial to probe the state of the arm. In the next 10 trials the participants learned to  
171 adapt to a combination force field, within which three trials were force channels. The trial  
172 then ended with 13 null trials containing two further channel trials. The force field alternated  
173 in direction between adaptation blocks. During the pre-test and post-test phases, where the  
174 subjects adapted to the combination force field, participants received visual feedback via a  
175 cursor on all trials. The sign of the combination force field alternated between clockwise and  
176 counter-clockwise during these six pre-test blocks.

177         To induce structural learning, participants were then exposed to short adaptation  
178 blocks, in which they adapted either to a velocity- or position-dependent force field (on  
179 separate days, Fig. 2B). During this exposure phase, participants were not given visual  
180 feedback during the movement, such that we could ensure that structural learning was  
181 caused by proprioceptive information, rather than by the observation of a certain visual  
182 trajectory. Each block consisted of 30 trials; the first trial was a channel trial, followed by 16  
183 trials of the combination force field, of which four were channel trials. Finally, the block  
184 ended with 13 null trials of which two were channel trials. Again, the force field alternated in  
185 direction between blocks. To allow for re-calibration of the visuo-motor mapping, we  
186 provided visual feedback after the end of the movement and on the way back to the starting  
187 position.

188         Finally, the post-test consisted of six blocks of the combination force field (see pre-  
189 test). To ensure that the effects of the exposure phase would not be washed out too quickly,

190 we alternated the combination force fields with blocks of the force field participants had  
191 experienced in the exposure phase (velocity- or position-dependent force field). The blocks  
192 were identical to those in the previous phases of the experiment and were counterbalanced  
193 for direction. That is, a clockwise combination force field was equally often preceded by a  
194 clockwise as by a counter-clockwise position/velocity-dependent force field. This allowed us  
195 to distinguish the contribution of structural learning (which should be identical for the two  
196 directions) and savings for a certain direction (which should only be present if the direction of  
197 the immediately preceding force field was identical to the following one).

### 198 **Experiment 2**

199 In Experiment 2 we tested the idea that structural learning would not only change the  
200 adaptation of feed-forward commands, but also feedback control. For this we used exactly  
201 the same exposure procedure as in Experiment 1 with repeated adaptation to a position- or  
202 velocity-dependent force field (on separate days). However, in the pre- and post-test instead  
203 of probing the adaptation to a combination force field, we presented targets either  $\pm 7^\circ$  or  
204  $\pm 14^\circ$  from straight-ahead ( $0^\circ$ ). A third of the trials at each angle were randomly chosen as  
205 channel trials, during which the hand was forced to deviate from the intended movement  
206 direction. This meant that subjects could not change their feed-forward command in  
207 expectation that they may get a channel. The reaction force against the channel could be  
208 taken as a measurement of the feedback corrective response to the perturbation. During  
209 these trials, the visual cursor feedback was rotated around the start position so that it moved  
210 directly to the presented target. To allow for a strong comparison, the direction of the targets  
211 were chosen so that the force response would match the channel force that participants  
212 exerted when adapting (and de-adapting) to the combination force field in Experiment 1.  
213 Specifically, we chose  $7^\circ$  targets to produce a compensatory force which would match the  
214 magnitude of the force produced in the third channel trial of Experiment 1, and  $14^\circ$  targets to  
215 match the fourth channel trial in Experiment 1.

### 216 **Experiment 3**

217 In Experiment 3, we tested whether the structural learning observed in the first two  
218 experiments resulted from the same or from different mechanisms. We utilised the fact that  
219 the temporal consistency of a force field during the exposure phase influences the strength  
220 of the adaptive response to a later perturbation (Castro 2008). We hypothesised that  
221 adaptation to a temporally consistent force field would lead to structural learning in feed-  
222 forward adaptation. In contrast, a temporally inconsistent force field leads to large movement  
223 error but to small adaptive changes, as it is continually changing. This force field should  
224 therefore preferentially modulate the feedback response.

225 We used a similar design as in the previous experiments. In Experiment 3, however,  
 226 we exposed participants only to position-dependent force fields, which could either be  
 227 consistent or inconsistent. In one session participants experienced a consistent force field.  
 228 During each of these exposure blocks (Fig. 6A), participants performed 25 trials in the  
 229 following order: 1 null, 1 channel, 12 force field, 1 channel, and 10 null. The direction of the  
 230 force field again alternated between blocks. In the other session, participants were exposed  
 231 to an inconsistent force field. We used exactly the same numbers of null, channel and force  
 232 field (to the left and right) trials, but randomized the sequence of the trials, until the  
 233 correlation of the force field direction of neighbouring trials was below -0.3 (Castro 2008).  
 234 This resulted in an effective lag-1 correlation of -0.37 for the inconsistent, compared to 0.8  
 235 for the consistent force field blocks (Fig. 6A). The sequence of the consistent and  
 236 inconsistent session was counterbalanced across participants.

237 In the pre- and post test we tested both feed-forward adaptation to a combination  
 238 force field, as well as the feedback response to randomly presented 0° channels when  
 239 reaching to tilted targets. Hence the six pre-test blocks consisted of 24 trials, with 12 for the  
 240 adaptation to the combination force field and 12 for reaching to tilted targets. The 12 trials of  
 241 the adaptation to the combination force field were made up of: 1 null, 1 channel, 1 force field,  
 242 1 channel, 2 force fields, 1 channel and finally 5 null trials. In the remaining 12 trials, targets  
 243 were randomly presented at 0° (four trials), ±7° (four trials) or ±14° (four trials) from straight-  
 244 ahead. For 25% randomly selected trials of each of these conditions, the hand movement  
 245 was constrained by a 0° channel (as in Experiment 2). We counterbalanced the order of  
 246 these combined blocks, such that half of the subjects performed blocks for testing the feed-  
 247 forward adaptation before blocks for testing the feedback response, with the sequence  
 248 reversed for the other half. In the post-test phase, we alternated the pure force field and the  
 249 combination force field/tilted channel blocks following the same pattern as in the previous  
 250 two experiments.

## 251 Analysis

252 For all three experiments we were primarily interested in the force with which participants  
 253 pressed into the force channel. To quantify the strength and time course of the force  
 254 responses, we regressed the x-force ( $F_x$ ) of each individual trial from 300ms before  
 255 movement start until movement end against the y-position ( $P_y$ ) and the y-velocity ( $V_y$ ) of the  
 256 same trial:

$$257 \quad F_x - \bar{F} = b_1 s_1 P_y + b_2 s_2 V_y + \varepsilon$$

258 Before the regression we subtracted a common baseline ( $\bar{F}$ ) from each trial, which was  
 259 calculated from the average force profile of the channel trials where the target was at 0° and

260 the channel forced the hand on a  $0^\circ$  trajectory. These trials came from the practice blocks,  
261 the pre-exposure channels for the tilted target experiments, and the pre-adaptation and post  
262 washout channels in the combination force field experiments. The position and velocity  
263 traces were scaled by factors  $s_1$  (0.225N/cm) and  $s_2$  (0.075N/cm) to convert them into units  
264 of force. This multiple regression model therefore did not contain an intercept. The velocity  
265 and position traces were scaled, such that the two resultant regression coefficients ( $b_1$  and  
266  $b_2$ ) expressed the adaptation relative to the strength of the position and velocity-dependent  
267 force fields. Therefore a regression coefficient of 1 indicates a force that is exactly equal and  
268 opposite to the imposed force field, i.e. it implies that the system fully adapted to the force  
269 field. As there was no significant difference between the left and right acting force fields, we  
270 sign-reversed the regression coefficients for leftward force fields and then averaged over the  
271 left/right trials of the same condition. These regression coefficients are plotted throughout the  
272 paper in (position, velocity) coefficient space. The origin represents no adaptive response,  
273 full adaptation to the pure velocity or position-dependent force fields would be evidenced by  
274 position/velocity regression coefficients of (0,1) and (1,0), while full adaptation to the  
275 combination force field would correspond to regression coefficients of (0.5, 0.5). In polar  
276 coordinates, the radius of the point defined by the regression coefficients indicates the size  
277 of the response, whereas the angle determines the balance between position- and velocity-  
278 dependent components. We quantified changes from pre- to post-test by calculating the  
279 difference in the angles. This was done for the 3<sup>rd</sup> and 4<sup>th</sup> channel trials in experiment 1, both  
280  $7^\circ$  and  $14^\circ$  channels in experiment 2, and the 3<sup>rd</sup> channel trial for the feed-forward case and  
281  $7^\circ$  targets for the feedback case in experiment 3.

282

## Results

283  
284

### 285 **Structural learning of feed-forward motor commands**

286 In the first experiment we tested whether repeated exposure to a position- or velocity-  
287 dependent force field modulates the internal structural assumption that the motor system has  
288 about the forces acting on the arm during a perturbation. This hypothesis makes two  
289 predictions: First, repeated adaptation to a single type of force field (position- or velocity-  
290 dependent) should allow participants to adapt faster and more directly to the same type of  
291 force field. Secondly, we predicted that the exposure should bias the adaption to a different  
292 type of force field (combination between position- and velocity dependent) towards the  
293 temporal shape of the field experienced in the exposure phase.

294 To test the first prediction, we examined the structural learning in the adaptation to  
295 the exposure force field. For this analysis, we pooled the data from the adaptation phases  
296 across Experiment 1 and 2 ( $n = 23$ ). The force traces were regressed against position and  
297 velocity (see methods) and the resulting regression coefficients plotted in coefficient space.  
298 A purely position-dependent force trace would have the temporal shape of the y-position of a  
299 movement (Fig. 2A), and a purely velocity-dependent force trace would look like the y-  
300 velocity. In coefficient space such a position-dependent response would lie on the x-axis and  
301 a velocity-dependent response on the y-axis.

302 Our data, however, shows that when exposed to two trials of a position-dependent  
303 force field, participants produced the appropriate position-dependent force, but also a  
304 additional velocity-dependent component ( $t(22) = 20.348$   $p < 0.001$ ). The converse was true  
305 after two trials of a velocity-dependent force field ( $t(22) = 8.198$   $p < 0.001$ ), ( see also Sing et  
306 al. 2009).

307 Structural learning of the respective temporal shape of the force field should allow  
308 participants to adapt faster and more directly to the appropriate type of force field. This  
309 should be the case despite the fact that the force field alternated direction from block to  
310 block. Because each participant completed 14 adaptation blocks, we could investigate how  
311 the adaptation these force fields changed across the course of the experiment. For the  
312 position-dependent force field, channel trials were significantly more biased towards the  
313 position component during the last third of the experiment, compared to the first third of the  
314 experiment. To quantify the balance between position- and velocity-dependent adaptation,  
315 we calculated the angle of the 2nd channel trial in coefficient space. From the beginning to  
316 the end of the experiment, the angle of the adaptive response changed towards the position  
317 axis by  $9.17^\circ$  (Fig. 3,  $t(22) = 2.662$ ,  $p = 0.014$ ). For the velocity-dependent force field, the  
318 mean angle tended to change towards the velocity axis by  $11.46^\circ$ , although this effect was

319 not statistically significant ( $t(22) = -1.760$   $p = 0.092$ ). Thus, our results show that there is a  
320 measurable effect of structural learning, such that after repeated exposure to a force field,  
321 this type of force field is easier/quicker to learn. This effect cannot be due to savings of the  
322 just previously experienced force field, as the direction of the force perturbation alternated  
323 from adaptation run to adaptation run.

324 To test the second prediction, we analyzed participants' responses to a combination  
325 force field before and after exposure to either velocity- or a position-dependent force fields.  
326 We predicted that after exposure to a position-dependent force field, the learning of a  
327 combination force field (independent of the particular direction) should show a larger  
328 position-dependent component (Fig. 1). In turn, after exposure to a velocity-dependent force  
329 field, the initial adaptive response should show a larger velocity-dependent component.

330 The forces that participants produced in the channel trials during the adaptation to  
331 the combination force field are shown in Figure 4A. The force traces were clearly modulated  
332 by the prior exposure to different types of force fields. After experiencing a position-  
333 dependent force field, participants exerted more force against the channel at the end of the  
334 movement, consistent with what they learned during the exposure phase. These changes  
335 can be clearly seen in the traces in Figure 4D, which show the difference between the pre  
336 and post channel forces in the velocity and position conditions. After exposure to the  
337 velocity-dependent force field, participants exerted more force in the middle of the  
338 movement, consistent with what was learnt in adapting to the velocity-dependent force field.  
339 The regression coefficients of the adaptation response (Fig. 4B) show that the initial adaptive  
340 response was changed by the force field experienced during the exposure phase. The  
341 change in the angle in coefficient space reflects the modulation seen in the force traces.  
342 After adaptation to a position-dependent force field the line is more directed towards the  
343 position axis, and after a velocity-dependent force field more towards the velocity axis. To  
344 quantify the change of the initial adaptation response, we calculated the change in angle  
345 from pre-test to post-test, averaged over the 3<sup>rd</sup> and 4<sup>th</sup> channel trials. This analysis indicated  
346 that there was indeed a significant change after experiencing a position-dependent force  
347 field ( $t(11)=6.632$ ,  $p<0.001$ ) of  $-10.89^\circ$ . For the velocity-dependent force field the change ( $-$   
348  $0.57^\circ$ ) was not significant ( $t(11)=-0.347$ ,  $p=0.735$ ). However, the directional change in the  
349 two exposure conditions was significantly different from each other ( $t(11)=5.842$ ,  $p<0.001$ ).  
350 Thus, as hypothesized, the adaptive response to a combination force field can be modulated  
351 by repeatedly experiencing a force field with a particular temporal shape.

352 We had to consider that the change may not have been caused by structural learning, but by  
353 the memory for a particular force field experienced immediately before. Such savings in  
354 adaptation (Smith et al. 2006; Zarahn et al. 2008) differ from structural learning in that they

355 only facilitate memory of a specific point in coefficient space (i.e. leftward position-dependent  
356 force field), rather than a whole submanifold (purely position-dependent forces in general).  
357 For blocks where the previous position- or velocity-dependent force field was in the same  
358 direction as the combination force field, such savings could indeed produce the observed  
359 bias. For blocks in which the two force fields were in opposite directions however, possible  
360 savings should have been overridden through interference from the opposing force field  
361 (Krakauer et al. 2005). Therefore, we split our data, depending on whether the direction of  
362 the force field changed from the preceding exposure block to the test block. We found that  
363 the change in angle in coefficient space remained significantly different between the two  
364 exposure conditions, no matter whether the previous block was in the same ( $t(11) = 5.044$ ,  $p$   
365  $< 0.001$ ) or opposite direction ( $t(11) = 3.609$ ,  $p = 0.004$ ). Therefore direction-specific savings  
366 could not explain the observed effect alone. In summary, this first experiment demonstrates  
367 that prior experience can modulate the feed-forward adaptive response to a combination  
368 force field by biasing it towards the temporal shape of the force field experienced before.

### 369 **Structural learning of feedback responses**

370 In the second experiment we tested the hypothesis that exposure to a force field also  
371 changes the shape of the feedback response to unpredictable positional perturbations. We  
372 used a similar design as in Experiment 1. However, in the pre- and post-test participants  
373 reached to a target which was randomly presented at  $0^\circ$ ,  $\pm 7^\circ$  and  $\pm 14^\circ$ , and we probed  
374 feedback responses by randomly inserting channel trials in which the hand was forced to  
375 move in a  $0^\circ$  trajectory (Fig. 5A).

376 The force response of participants in the channel showed a similar mixture of position  
377 and velocity as seen for the adaptation to a combination force field (Fig. 5B). The force  
378 profile in the pre-test phase (green trace) had the same stereotypical position/velocity profile.  
379 Furthermore, the magnitude of the pre-test  $14^\circ$  response in coefficient space (0.34, 0.53)  
380 roughly matched the coefficients in the fourth channel trial of adaptation in Experiment 1  
381 (0.43, 0.44). During the post-test, the overall size of the force response was increased. This  
382 can be seen in coefficient space (Fig. 5C), with the response to the  $14^\circ$  channel trials being  
383 further from the origin than in the pre-test, both after exposure to a position- ( $t(10)=-2.639$ ,  
384  $p=0.025$ ) and a velocity-dependent force field ( $t(10)=3.276$ ,  $p=0.008$ ). Thus, over the course  
385 of the experiment participants increased how much they responded to an unpredictable  
386 positional perturbation.

387 Importantly, we found that the temporal shape of the forces that participants exerted  
388 in the channel trials were modulated by the type of force field they had previously  
389 experienced. Following adaptation to the position-dependent force field (blue trace) we found  
390 a relative reduction in the velocity-dependent part and increase in the position-dependent of

391 the feedback response. Conversely, after velocity-dependent force field exposure (red trace)  
392 there was a relative increase in the velocity-dependent peak and a decrease in the position-  
393 dependent component. These effects can once more be seen when the responses are  
394 plotted in coefficient space (Fig. 5C). The post-test lines in coefficient space were rotated  
395 towards the axis of the force field experienced previously, as we had seen in Experiment 1.  
396 We quantified these changes in coefficient space by the angle between the pre- and the  
397 post-test points, averaged over the 7° and 14° channels. The angle of the response changed  
398 significantly both after a position-dependent force field  $-9.2^\circ$  (towards the position axis)  
399 ( $t(10)=5.138$ ,  $p<0.001$ ) and by  $+5.7^\circ$  (towards the velocity axis) after a velocity-dependent  
400 force field ( $t(10)=-3.588$ ,  $p=0.005$ ). Once again, these changes were also significantly  
401 different across the two exposure conditions ( $t(10) = 9.074$ ,  $p < 0.001$ ). This change can also  
402 be seen in the difference force traces (Fig. 5D), where after a position-dependent exposure,  
403 participants exerted more force at the end of the trial, and after a velocity-dependent  
404 exposure more in the middle of the trial.

405 To summarise, experiment 2 showed that the temporal shape of the feedback  
406 response to a channel trial deviating the hand from a target could also be shaped by prior  
407 exposure to a velocity- and position-dependent force field.

#### 408 **Do feed-forward and feedback responses share the same mechanism?**

409 Given that we observed similar structural learning effects for both feed-forward and feedback  
410 responses, we asked whether these two modulations stem from a change of a single internal  
411 representation. This single structural assumption (or prior belief) about the shape of force  
412 perturbations would then shape both type of responses (Wagner and Smith 2008).  
413 Alternatively, the structural assumptions for feed-forward and feedback control may be partly  
414 separate, and each of them may be modified by different signals from the environment.

415 Previous research has shown that feed-forward adaptation rates increase in  
416 consistent environments, in which the perturbation on trial N is positively correlated with the  
417 perturbation on trial N-1 (Burge et al. 2008). Similarly, feed-forward adaptation rates  
418 decrease when adjacent trials are negatively correlated (Castro 2008). We hypothesized that  
419 the temporal characteristics of the perturbation should not only influence the size of the  
420 adaptation gain, but also how much structural learning it would induce. Specifically, we  
421 predicted that the direction of the feed-forward adaptation should be more influenced by a  
422 consistent than by an inconsistent (or slightly anti-consistent) force field. In contrast, the  
423 relative direction of feedback responses should be modulated by perturbations in the  
424 movement, independent of whether these are consistent or whether they change direction  
425 randomly between trials, as both would necessitate a feedback correction.

426 We therefore exposed participants to a position-dependent force field force field with  
427 different temporal characteristics and then tested feed-forward adaptation to the combination  
428 force field, and feedback responses in the tilted channels. The exposure phase on one  
429 session was consistent such that the participants experienced the force field in the same  
430 direction for 12 trials. In the other session the force field was inconsistent, such that each  
431 trial was randomly assigned to a rightward force field, a leftward force field or a null field (Fig.  
432 6A).

433 We predicted that the consistent exposure would modulate both responses as in  
434 experiments 1 and 2, while the inconsistent would mostly modulate only the feedback  
435 response. As in the previous two experiments, we regressed the channel forces (Fig. 6B)  
436 against position and velocity and plotted the regression coefficients in coefficient space (Fig.  
437 6C). Following consistent force field exposure, the channel responses for adaptation to a  
438 combination force field were modulated towards the position axis by  $-10.9^\circ$ ,  $t(10)=3.110$ ,  
439  $p=0.011$ . A similar  $-7.5^\circ$  change of the angle of the pre-test line to the post-test line in  
440 coefficient space was observed for feedback responses,  $t(10)=2.918$ ,  $p=0.015$  (light blue  
441 line, Fig. 6C). This change can be also seen in the average force trace as an increase of the  
442 late component (Fig. 6B). These results therefore replicate the findings of experiments 1 and  
443 2, demonstrating structural learning effects in both domains after exposure to a consistent  
444 force field.

445 When the exposure phase was temporally inconsistent, no modulation of feed-  
446 forward adaptation was found, with the post-test line in coefficient space (dark blue line, Fig.  
447 6C) lying almost exactly on top of the pre-test line (green). The change in angle from pre-  
448 post-test (Fig. 6D) was not significantly different from zero,  $t(10)=-1.260$ ,  $p=0.236$ .  
449 Furthermore, the pre- to post-test angle change of the inconsistent exposure condition was  
450 significantly different to the consistent exposure condition ( $t(10)=3.174$ ,  $p=0.010$ ). This  
451 indicates that the structural learning in the feed-forward adaptation only occurs when the  
452 exposure is temporally consistent. In contrast, the change for the feedback response was  
453 equally strong ( $-8.0^\circ$ ) after inconsistent as after consistent exposure; no significant difference  
454 between these conditions in the angle change was found ( $t(10)=-0.265$ ,  $p=0.796$ ). Finally, a  
455 two-way ANOVA revealed a significant interaction of condition (consistent or inconsistent  
456 exposure) and block type (force field or tilted channels) on the angle change in coefficient  
457 space ( $F(1,10)=14.484$ ,  $p=0.003$ ). Therefore, our final experiment clearly demonstrates that  
458 structural learning mechanisms for feed-forward and feedback responses differ in the way  
459 that they are influenced by the temporal consistency of the environment.

460

## Discussion

461

462

463 The motor system has prior assumptions about the likely shape of a perturbation. This  
464 feature allows the motor system to immediately produce a “best guess” response to any  
465 unexpected error. Such structural assumptions can be found for visual motor adaptation, in  
466 which the motor system interprets ambiguous errors preferentially as visual rotations  
467 (Turnham et al. 2011). Similarly, for dynamic force fields the motor system has a bias  
468 towards forces in which position and velocity-dependent components act in the same  
469 direction (Sing et al. 2009). Here we show, that these priors are not hard wired but can be  
470 modulated by repeated exposure to a specific shape of perturbation through a process of  
471 structural learning (Braun et al. 2009a; b). Such updating of the structural prior allows the  
472 motor system to take into account the statistics of prior perturbations (Astrom 1995; Braun et  
473 al. 2010b; Wolpert et al. 2011).

474

475 We found that this modulation was independent of whether the preceding force field  
476 acted in the same or in a different direction than the tested force field. Therefore, our results  
477 cannot be explained by savings in relearning for a single force field (a single point in  
478 coefficient space), as such savings can be interfered with through the presentation of the  
479 opposite perturbation (Krakauer et al. 2005). Our results, however, would be consistent with  
480 a motor system that can show savings for multiple points in coefficient space. Indeed, such  
481 mechanisms would be similar to structural learning, where there is “savings” for a whole  
482 submanifold in coefficient space.

482

483 Importantly, the observed modulation occurred during both feed-forward adaptation  
484 and in feedback corrections. Braun et al. (2009b) previously showed that structural learning  
485 effects could be seen both in corrective feedback responses and in feed-forward adaptation  
486 to 3D visual rotations during reaching. Furthermore, structural learning has also recently  
487 been shown after adaptation to force fields that acted either horizontally or vertically in 3D-  
488 space (Kobak and Mehring 2012). However, in these studies, the structure was defined by  
489 the spatial axis along which the perturbation occurred, and could therefore be caused by the  
490 general up-regulation of the responsiveness of certain muscle groups. Here we used  
491 position- and velocity-dependent force fields, and show that structural learning also occurs  
492 based on the temporal shape of the perturbation. Our findings demonstrate that the motor  
493 system takes advantage of the previously learnt temporal structures and applies them to  
494 novel perturbations to facilitate adaptation as well as online corrections.

494

495 Such structural learning has also been explored in cognitive studies and is referred to  
as “learning to learn” in which subjects extract common features during example tasks,

496 leading to facilitation in subsequent learning of similar tasks (Duncan 1960; Griffiths and  
497 Tenenbaum 2005; Halford et al. 1998). “Learning to learn” has also been observed in motor  
498 tasks such as a visuomotor rotation task (Welch et al. 1993) and a treadmill task (Mulavara  
499 et al. 2009). Hence, such feature extraction may be a universal technique that the brain  
500 exploits to facilitate learning (Braun et al. 2009b; Wolpert et al. 2011)

501           A number of previous studies have shown that the size of feedback responses can  
502 be modulated through prior experience. For example, the size of feedback response  
503 increases when participants are exposed to large unpredictable target displacements during  
504 movements (Liu and Todorov 2007). Similarly, the exposure to large errors introduced by a  
505 force field leads to an increased responsiveness of the system to rapid visual displacements  
506 of the cursor (Franklin and Wolpert 2008). Our results indicate that prior experience can also  
507 alter the temporal shape of such feedback responses, rather than simply change their overall  
508 gain: Prior exposure to a force field led to a rotation of the response in coefficient space  
509 towards the axis of the force field experienced. In contrast, a simple change in the overall  
510 gain of the response would only increase the length of the line.

511           Furthermore, our results demonstrate that the priors for feed-forward and feedback  
512 control can be modulated - at least partly - independently. We found that the temporal  
513 consistency of the exposure phase modulated the two types of responses differentially. It  
514 has been shown that exposure to a visual shift with strong positive autocorrelation (high  
515 consistency) increases adaptation rates (Burge et al. 2008). Similarly, force fields that are  
516 anti-correlated from one trial to the next (inconsistent) lead to a reduced adaptive response  
517 (Castro 2008). In contrast, random inconsistent perturbations appear to increase the gain of  
518 feedback responses (Liu and Todorov 2007). Here we show that this difference extends to  
519 structural learning of the temporal shape of different responses. For feed-forward adaptation,  
520 we observed a modulation of the shape of the adaptive response after a consistent, but not  
521 after an inconsistent force field. This suggests that the motor system holds separate priors  
522 for perturbations that require adaptive changes compared to corrective responses, and that  
523 these two are sensitive to signals with different temporal statistics.

524           Such a view contrasts with models that propose that the motor system uses the  
525 feedback response as a template for adaptation of the feed-forward motor command  
526 (Kawato 1999; Thoroughman and Shadmehr 1999). If this were the case, then a change in  
527 the feedback response should lead to a correlated change in the feed-forward adaptation.  
528 For inconsistent force fields in Experiment 3, however, we found a systematic change in the  
529 feedback response, without an equivalent change in adaptation. These results therefore  
530 argue against an obligatory coupling of feedback response and feed-forward adaptation, but  
531 rather imply that the structural assumptions are (at least partially) independent.

532           The relationship between mechanisms of feed-forward and feedback control is still a  
533 matter of debate, however. Consistent with our view of partially independent systems is the  
534 observation that participants adapt to visual motor rotations at similar speeds whether or not  
535 online corrections were allowed (Tseng et al. 2007). The same paper also shows that  
536 cerebellar patients are strongly impaired in both online correction and adaption, but that the  
537 adaptation deficit persists unaltered even if the need for feedback corrections is removed,  
538 again arguing for the partial independence of these two processes. Some authors have even  
539 proposed that the two cerebral hemispheres may play differential roles in feed-forward  
540 adaptation and feedback corrections, respectively (Mutha et al. 2011a; b). In contrast, other  
541 authors have emphasised that the two share most likely a common neural substrate  
542 (Pruszynski et al. 2011; Scott 2004). It has also been shown that feedback mechanisms  
543 utilize knowledge acquired during adaptation of the feed-forward response (Wagner and  
544 Smith 2008). Furthermore, there are clear correlations between priors that determine the  
545 distribution of feedback corrections, and the priors that determine the distribution of feed-  
546 forward adaptation across multiple effectors (White and Diedrichsen 2010).

547           Being able to learn a separate prior assumption about the shape of perturbations,  
548 depending on whether they demand only an immediate feedback response or also  
549 subsequent adaption of the feed-forward response, may be a good strategy for the motor  
550 system. Perturbations that require an adaptive or only a corrective response commonly arise  
551 from different sources. Examples of perturbations that require adaption are changes in the  
552 biomechanics through fatigue, or changes in the visual motor calibration due to a new pair of  
553 glasses. These changes are consistent over time. On the other hand, perturbations that  
554 merely require an online correction for a single movement are those that arise from random  
555 and quickly fluctuating sources. Examples would be the unpredictable forces induced by  
556 sudden accelerations of a train, ship, or car, while travelling. The temporal shape of such  
557 perturbations may be very different from those that indicate longer lasting changes.  
558 Therefore, it seems sensible for the motor system to update two sets of priors as they may  
559 have different origins and require different responses.

560           In agreement with previous studies, our data demonstrates that the prior  
561 assumptions that the motor system uses to respond to perturbations can be modulated by  
562 repeated exposure to a perturbation with a specific structure. Hence, the prior assumption is  
563 not hard wired but can be updated to reflect the structure of the perturbations experienced  
564 (Braun et al. 2009b). This feature allows the motor system to improve its initial response to  
565 an error flexibly by exploiting similarities in previously experienced errors. Interestingly, our  
566 results indicate that while this process happens for both feed-forward and feedback  
567 responses, it does so, at least partly independently for the two. This in turn suggests that the

568 motor system can have separate internal assumptions for these responses, reflecting the  
569 fact that the two are often driven by perturbations originating from different sources in our  
570 environment.

571

572

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576

577

**Author contributions**

578

579 N.Y and J.D conception and design of research; N.Y. performed experiments; N.Y. and J.D.  
580 analyzed data and interpreted results; N.Y. and J.D. wrote the manuscript.

581

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583

584

**Figure captions**

585

586 **Figure 1:** The effect of structural learning on the prior assumptions of the temporal shape of  
587 force fields. Possible perturbing forces are shown as points in coefficient space, with the x-  
588 axis indicating the strength and direction of the position-dependent component, while the y-  
589 axis indicates the strength and direction of the velocity-dependent component. The initial  
590 adaptation to any force field is biased towards the diagonal in the position/velocity coefficient  
591 space (solid arrow, Sing et al. 2009). This bias indicates that the motor system relies on a  
592 prior probability distribution (blue cloud) that indicates that force fields with position and  
593 velocity components in the same direction are more likely than perturbations with  
594 components in opposite directions. We hypothesize that after repeated exposure to a  
595 position-dependent force field (independent of the direction of this force field), the response  
596 should now be biased towards the position-dependent axis. This indicates that prior  
597 assumption of the motor system has changed, i.e. structural learning has occurred.

598

599 **Figure 2:** Methods for Experiment 1. (A) Three different kinds of force fields. In all cases, the  
600 force is presented orthogonal to the actual movement direction. The combination force field  
601 is a mixture of both position and velocity-dependent force fields. The position-dependent  
602 force field increases monotonically with the y-position of the hand. The velocity-dependent  
603 force field is proportional to the y-velocity of the arm. (B) The experiment consisted of a pre-  
604 test phase with 6 short blocks of adaptation (two blocks shown) to the combination force field  
605 (blue). The direction of the force alternated on each block from rightwards (+) to leftwards (-).  
606 Force channel trials (grey) were used to monitor adaptation. This was followed by an  
607 exposure phase, with 6 blocks of adaptation to pure velocity- or position-dependent force  
608 fields, alternating left/right across blocks. Finally, in the post-test phase, subjects adapted in  
609 short blocks to the combination or pure force field, which alternated in type across blocks  
610 and were counterbalanced for direction such that sometimes a rightward block was followed  
611 by a leftward block and sometimes by a rightward block and vice versa.

612

613 **Figure 3:** Change in the adaptation to a pure position- and velocity-dependent force field in  
614 Experiment 1 and 2. Each point indicates the shape of the force response in a channel trial,  
615 plotted in coefficient space. The evolution of learning after 0, 2, 6, and 10 trials of the  
616 exposure to a force field are shown. As the experiment progressed, the initial response  
617 became more position dependent and less velocity-dependent. This demonstrates the effect

618 of structural learning, such that once they experience a position-dependent force field for the  
619 first time, subsequent adaptation to such a force field was faster and more direct. No  
620 significant effect was observed for the velocity-dependent force field.

621

622 **Figure 4:** Results of Experiment 1: Adaptation to the combination force field before and after  
623 exposure to either a position or a velocity-dependent force field. The channel response was  
624 measured before adaptation and at three time points during adaptation. **(A)** The force that  
625 participants exert in the second, third and fourth channel trials are shown for the pre-test  
626 (green), after exposure to a position-dependent force field (blue), and after exposure to a  
627 velocity-dependent force field (red). After exposure to a position-dependent force field,  
628 participants exert lower forces during peak velocity and relatively higher forces in the end of  
629 the movement. After exposure to a velocity-dependent force field, the forces during peak  
630 velocity increase, but the forces in the end of the movement decreased. **(B)** The same  
631 results plotted in coefficient space. We regressed the force traces against the position and  
632 velocity of that trial and plotted the regression coefficients for position (x-axis) against the  
633 regression coefficients for velocity (y-axis). Results are flipped and averaged across left-  
634 ward and right-ward directed force fields. The 95% confidence ellipses for the mean across  
635 participants are shown around each point. **(C)** The velocity trajectories in the direction of  
636 movement during channel trials for the three conditions are shown averaged over  
637 participants and the shading indicates the standard error across participants. **(D)** The  
638 difference between the pre-exposure channel force and the post-exposure channel force for  
639 the two exposure conditions is shown here. The differences have been averaged over  
640 channel trials two to four and clearly show the structure specific change in the force exerted  
641 in the channel.

642

643 **Figure 5:** Results from Experiment 2. **(A)** We measured channel responses caused by  
644 feedback mechanisms reacting to the force channel that is at an angle to the intended  
645 movement direction. This was achieved by letting people reach to a target that was  
646 displaced laterally from straight ahead. On channel trials, the target still appeared at an  
647 eccentric angle, while the hand was constrained to move straight ahead in a force channel.  
648 During these channel trials the cursor was rotated to move directly to the target. **(B)** Lateral  
649 force exerted into the channel for the 7° and 14° channel trials showed stronger position  
650 components after exposure to a position-dependent force field (blue) and stronger velocity  
651 components after exposure to a velocity-dependent force field (red). **(C)** Regression  
652 coefficients from the same time series show the same changes, with the lines shifting  
653 towards the axis of the force field experienced in the exposure phase. The ellipses indicate

654 the 95% confidence interval for the between-participants mean. (D) The differences between  
655 the pre-exposure channel force and the post-exposure channel force for the two exposure  
656 conditions are shown here. These have been averaged over the 7° and 14° channels and  
657 once more, the structure specific change in the channel force can be clearly seen.

658

659 **Figure 6:** Experiment 3 shows dissociation of structural learning in feed-forward and  
660 feedback control, depending on the temporal consistency of the exposure phase. (A) The  
661 exposure blocks consisted of trials with a position-dependent force field (red) whose  
662 direction (+ or -) was consistent over 12 trials, or inconsistent, resulting in a negative lag-1  
663 autocorrelation. Channel trials (gray) were randomly interspersed. Participants were tested  
664 both on adaptation to a combination force field (feed-forward control) and reaction to titled  
665 channels (feedback control). (B) Average force trace exerted in the channel for the pre-test  
666 (green), post-test after inconsistent exposure (light blue) and post-test after consistent  
667 exposure (dark blue) in the feed-forward and feedback conditions. (C) The regression  
668 coefficients presented as in Figure 4B and 5C, indicated a change in response towards a  
669 position dependent force field. (D) The change in the angle in coefficient space from pre-test  
670 to post-test indicates structural learning. A negative number indicates a change of the angle  
671 towards the position axis. For feed-forward adaptation a modulation towards the position-  
672 dependent force field was only found for the consistent force field. For feedback control,  
673 modulation is found for both cases. There was a significant interaction of consistency and  
674 block type ( $p=0.035$ ).

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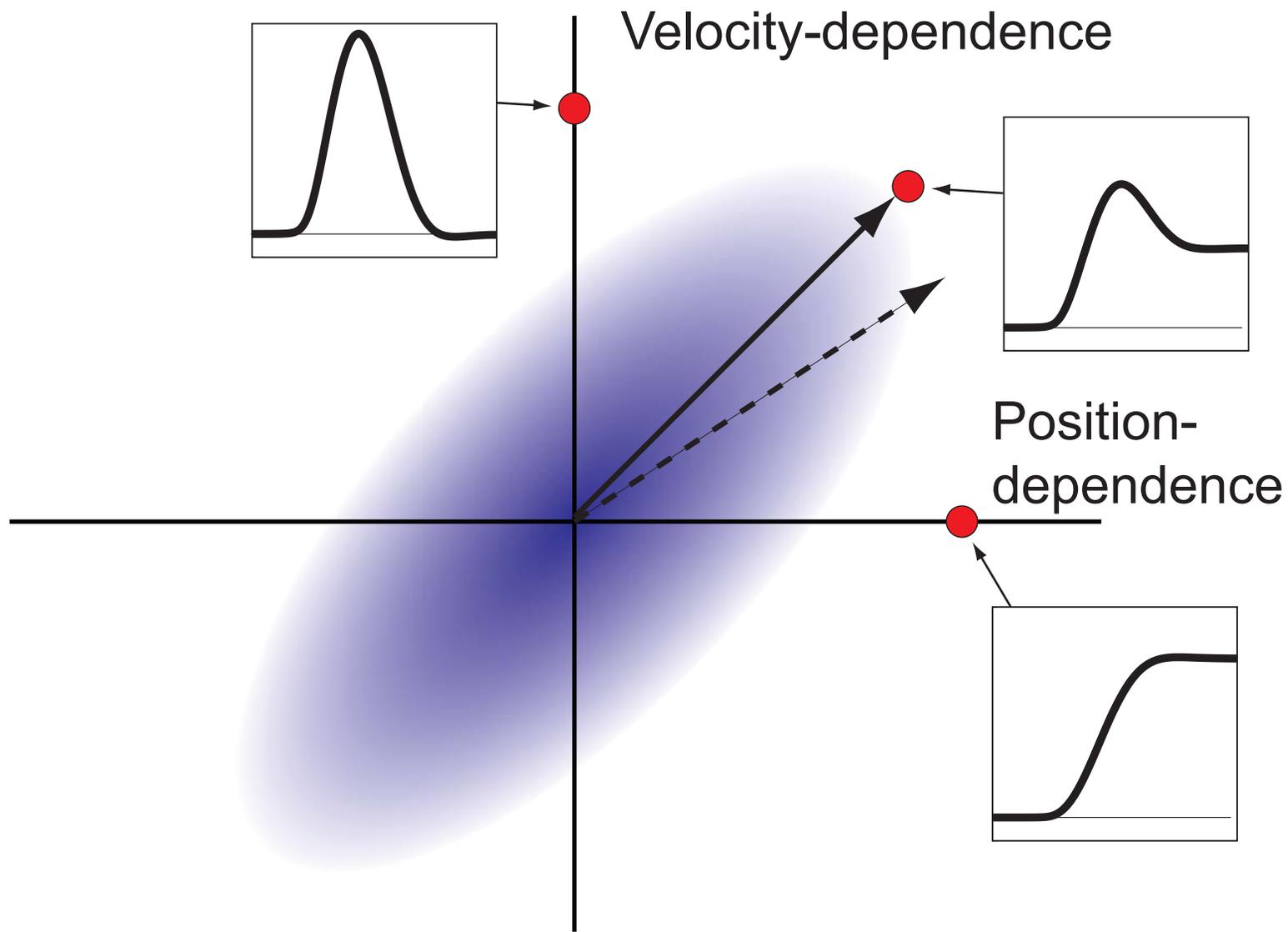
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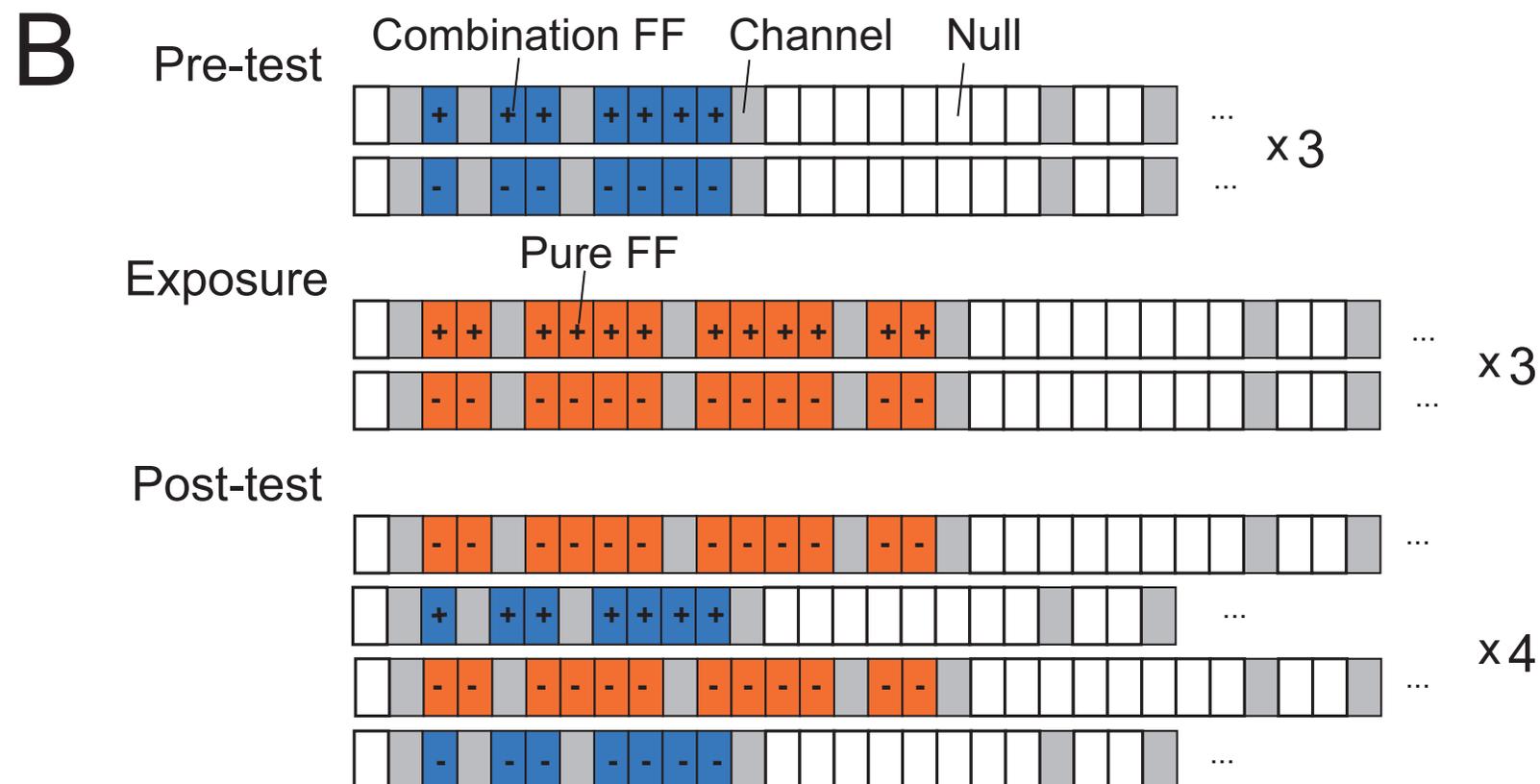
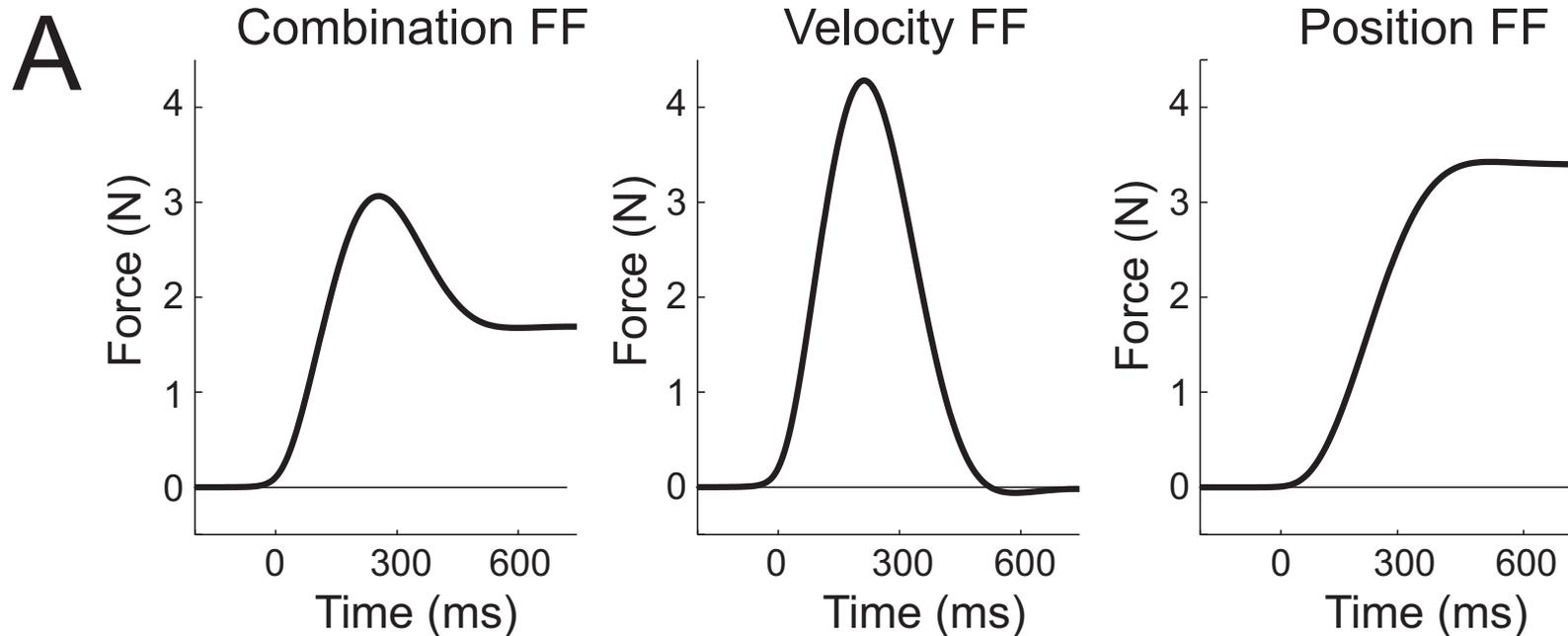
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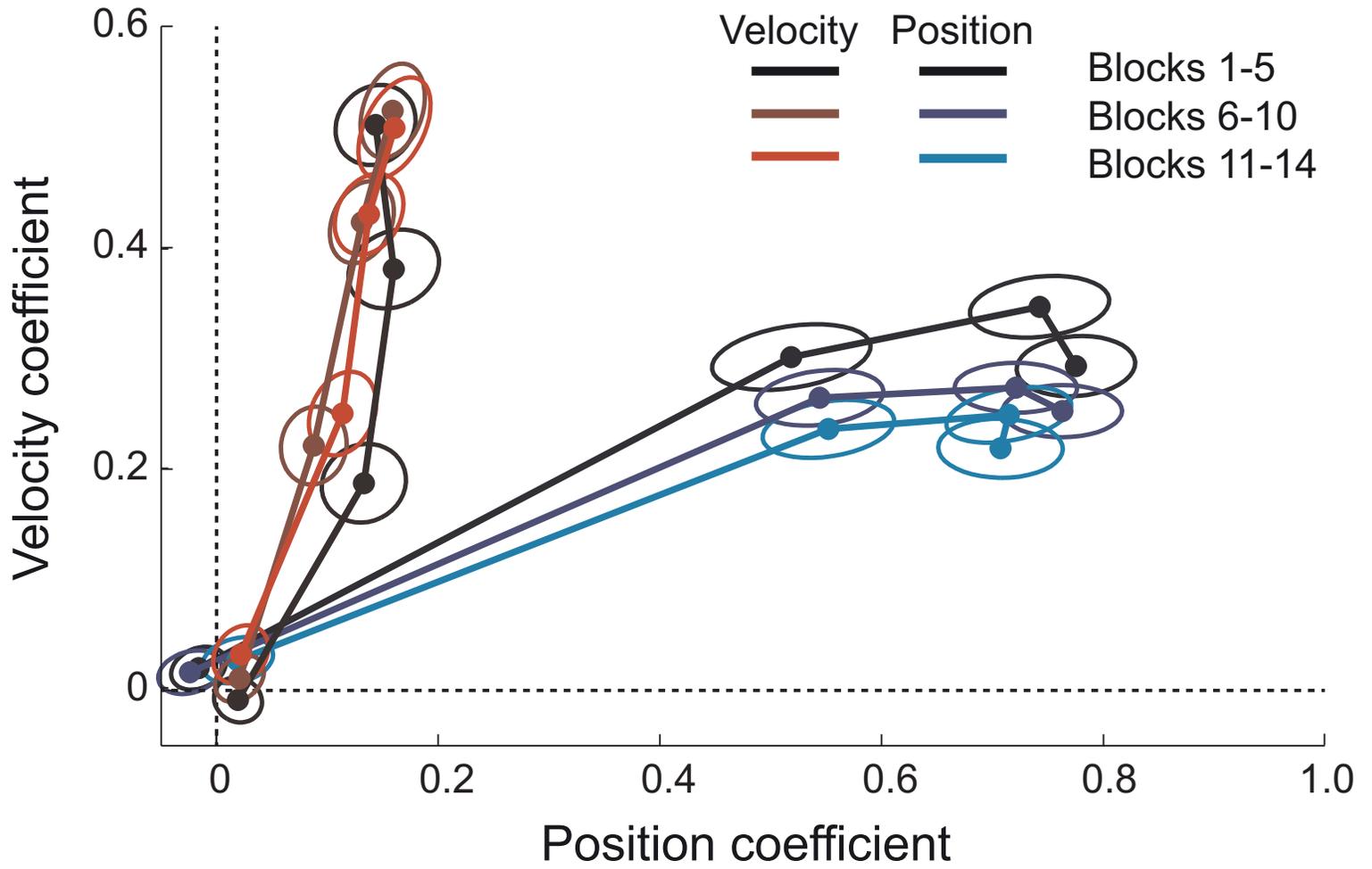
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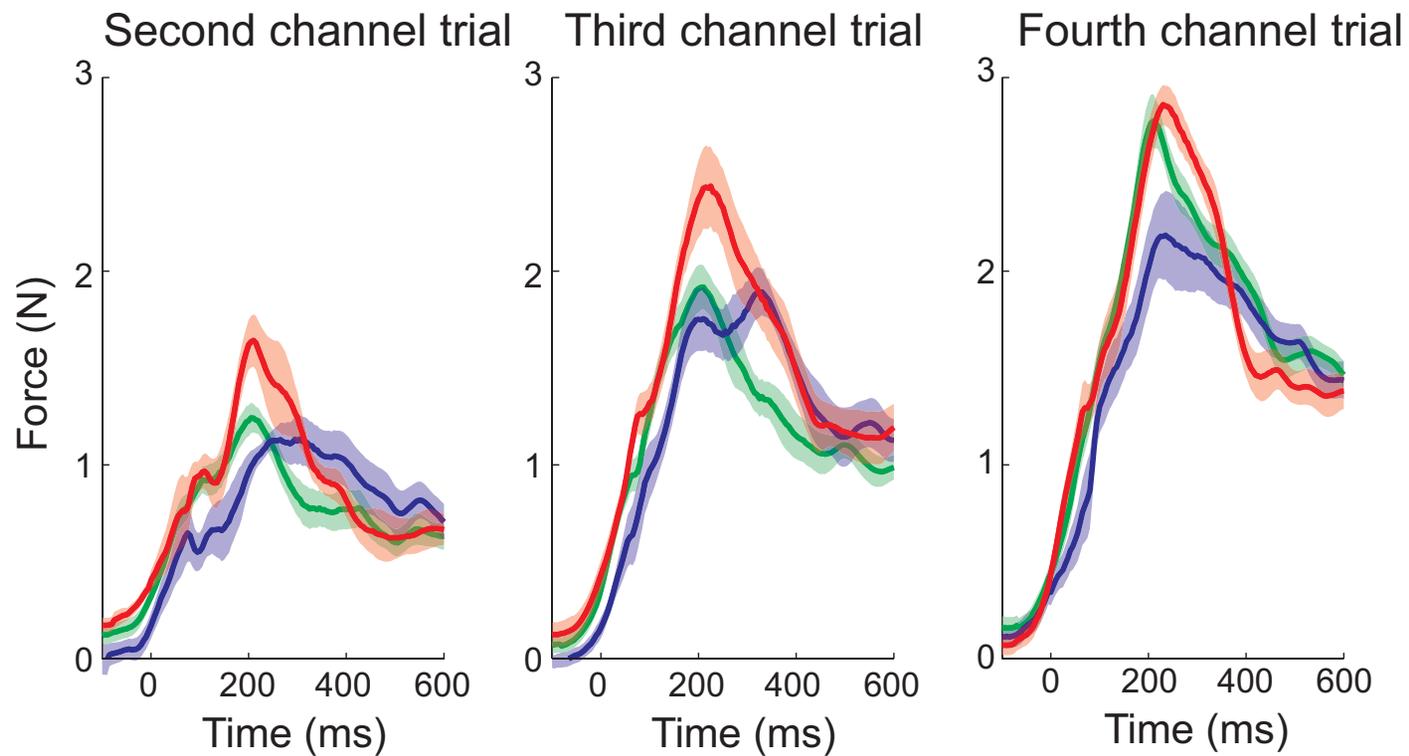
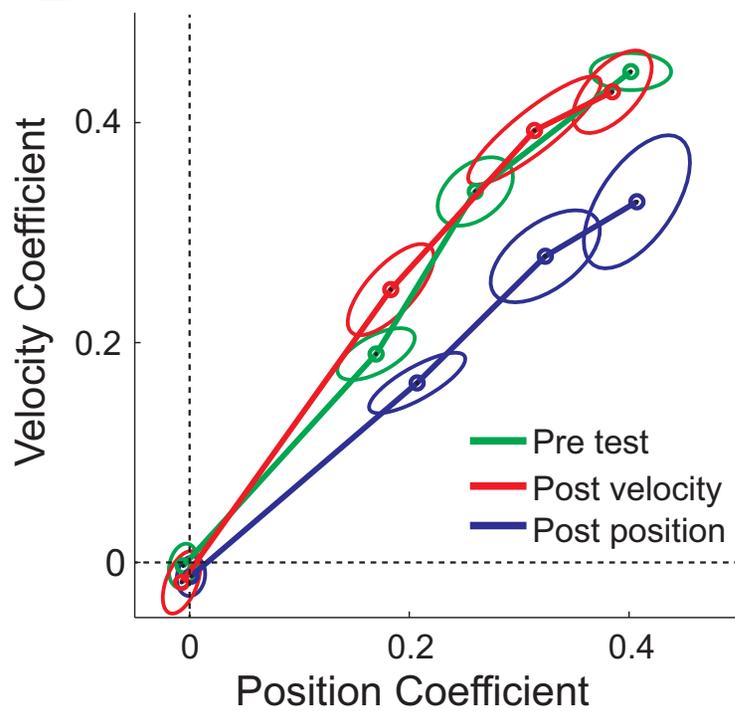
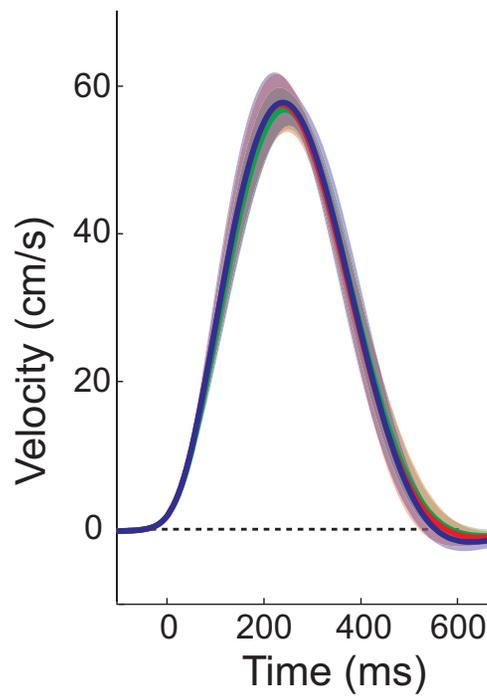
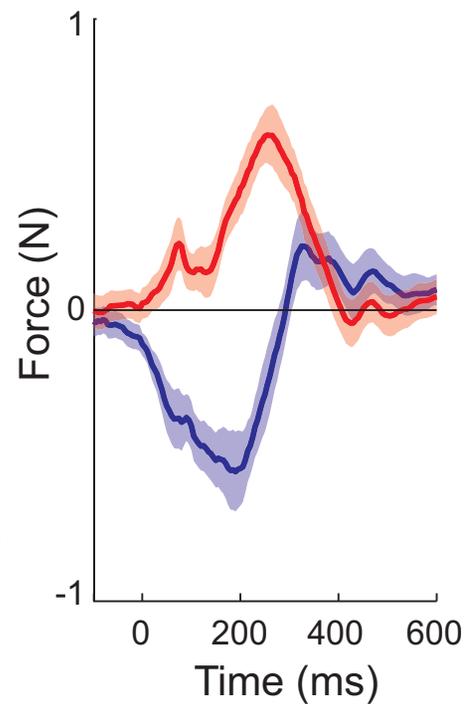
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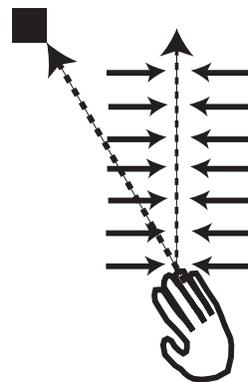


**A****B****C****D**

**A**

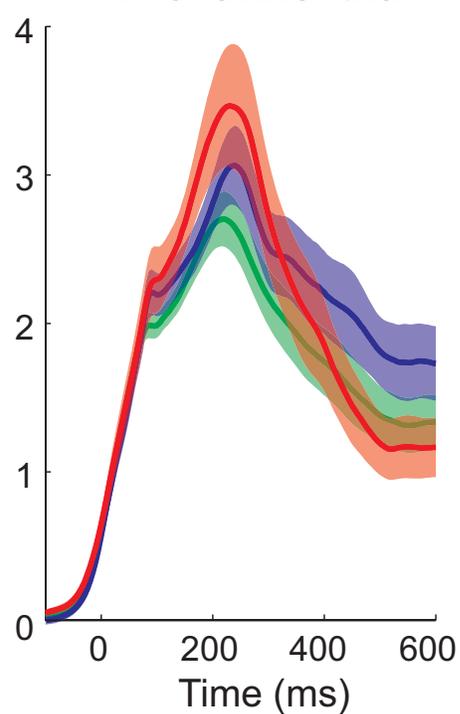
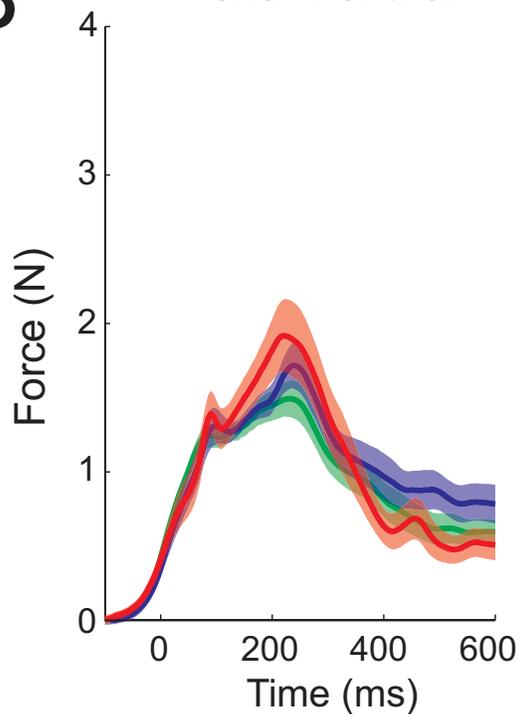
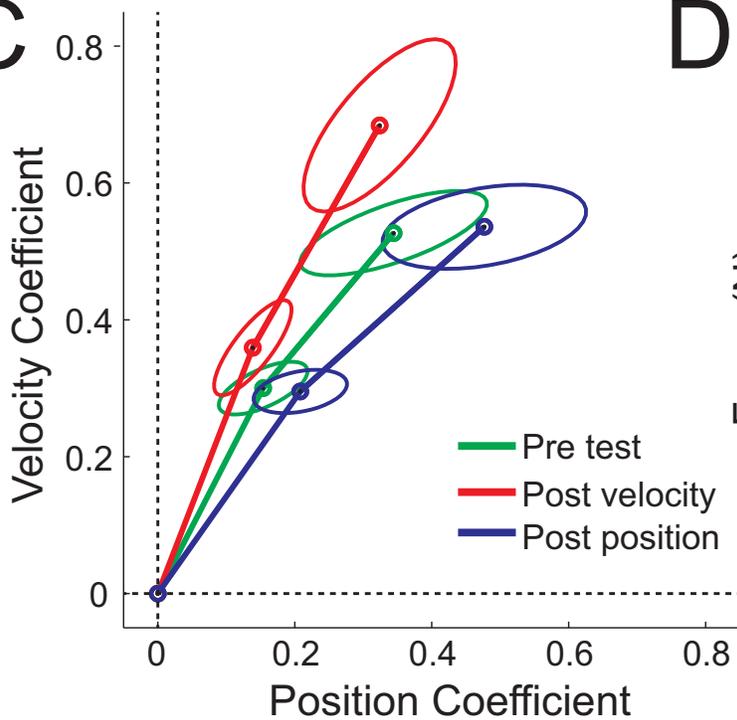
Tilted targets

Channel

**B**

7° channel trial

14° channel trial

**C****D**